Generic Fiji guide for mask generation

1. Process -> Noise -> Despeckle image
2. Subtract background:
   * Parameters: default rolling ball radius of 50.0 pixels
   * Sliding parabold
     1. Do not separate colors and don’t disable smoothening
3. Brightness and contrast
   * Auto Threshold (most reproduicble)
4. Process -> Sharpen image

Start defining individual polygons

1. Polygon tool to define section by hand
   * Perfect straight lines created by holding shift
2. Edit -> Selection -> Interpolate section (to add more edit points)
   * With smooth selected
   * 5 pixels
3. Manually adjust new edit points
4. Edit -> Selection -> Fit spline
5. Manually adjust new edit points if required
6. Edit -> Selection -> Create mask
7. Save as jpeg

To combine binary masks together if required:

1. Load in individual masks
2. Process -> Image calculator
   * Set 2 images to combine (limitation)
   * Set operation to Max
   * Create a new window (to create a copy)